



The West Bloomfield Fire Department has teamed up with Henry Ford West Bloomfield Hospital on a new program that will greatly benefit citizens in our community. This program is called the **File of Life**. It compliments the 911 system and contains life saving information.

The File of Life is a medical information card that enables Emergency Responders to obtain a quick medical history when the patient is unable to offer one. The card eliminates the risk of the patient, who, in a frightened state, may forget to mention something important. It also allows responders the ability to know important medical information if the patient is not able to verbally communicate at all.

The card, which is kept in a red plastic pocket labeled File of Life, lists the patient's name, emergency contacts, health problems, medications, dosages, allergies, recent surgeries, doctor's name, insurance information, etc. The entire pocket is held, with a magnet to the outside of the refrigerator where it can be easily found by the emergency responders. A sticker that comes with the packet should be placed on a front door or window so as to be visible from the sidewalk. This way emergency responders will be alerted that you have the File of Life.

The elderly are the target citizens because statistically they are the population with the most medical conditions and medications, but it can be given to anyone that will benefit from it. Someone with epilepsy, diabetics, anyone with a severe allergy(s), or chronically sick kids, etc.

The File of Life packets can be picked up at any Fire Station, Town Hall and Parks and Recreation during normal business hours.

The File of Life packet contains the following:

- (1) Refrigerator magnet pouch with information form to be filled out and updated as necessary or at least every 6 months.
- (1) Wallet card with the same information as above only in a smaller version to keep in your wallet or purse.
- (1) File of Life sticker to be placed on your front door or window so as to be visible to emergency responders from the front of your home.
- (1) Pamphlet explaining how to use the File of Life, how it benefits you, your family and the emergency responders.
- (1) Informational brochure explaining the File of Life program, its founders and supporters.

The **File of Life** is in over 4500 communities throughout all 50 states and currently has over 14.5 million participants across the country. In an emergency every second counts. The **File of Life** will help ensure your important medical information will be in one easy to find location should an emergency occur.